

Report on Observation of World Cancer Day at Rasulpur

Theme: “*Screen Early, Stay Healthy*”

Date: 12 February 2026

Venue: Rasulpur Primary School, Rasulpur, Hooghly

Time: 2:00 PM – 3:00 PM

Participants: 47 adults

Activities Conducted:

I. HEALTH EDUCATION:

The programme was conducted in alignment with the theme “*Screen Early, Stay Healthy,*” with the objective of promoting awareness regarding early detection and prevention of common cancers.

Topics included:

- Oral Cancer
- Breast Cancer
- Cervical Cancer

The programme aimed to address knowledge gaps at the community level and encourage preventive health behavior

The session began with a welcome address followed by structured health education talks covering breast, oral, and cervical cancer using IECs

II. DEMONSTRATION:

- The breast cancer session included a demonstration of self-breast examination to encourage early detection practices.
- The oral cancer session emphasized the harmful effects of tobacco use, the role of maintaining proper oral hygiene, and demonstration of basic oral screening techniques.

- The cervical cancer session highlighted the role of HPV infection, the importance of Pap smear screening, and preventive vaccination.

III. INTERACTIVE SESSION:

An interactive “Myth vs Reality” discussion engaged participants in clarifying misconceptions and strengthening understanding of cancer prevention and healthy lifestyle behaviors.

IV. CONCLUSION:

The programme generated active participation, improved awareness regarding screening practices, oral hygiene, and preventive measures, improved awareness regarding screening practices, food habits, oral hygiene, and preventive measures and encouraged adoption of healthier behaviors. The initiative contributed to reducing stigma associated with cancer and reinforced the importance of early detection and hygiene practices at the community level. The programme concluded with a vote of thanks and refreshments.